

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: NURSING CONCEPT
 Code No. ; NUR 330-1
 Program; NURSING
 Semester: SEMESTER V YEAR III
 Date: SEPTEMBER 1984
 Author; NANCY MCCLELLAND

New;	Revision
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APPROVED

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-NQ-V.&\A..
 Chairperson *n*

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 Date/

CALENDAR DESCRIPTION

NURSING CONCEPT
Course Name

NUR 330-1
Course Number

COURSE DESCRIPTION:

This course is designed to prepare and assist the student to assume responsibilities of a graduate nurse. Aspects of the nurse's role such as patient advocate and leadership are highlighted. Methods of nursing care delivery are examined as well as how to effect change.

COURSE OBJECTIVES:

1. Demonstrate the nurse's role as a patient's advocate.
2. Examine various methods of nursing care delivery.
3. Discuss a leadership role in nursing. Examine assertiveness in nursing
4. Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system.
5. Describe how the change process may be used to facilitate nursing.
6. Anticipate and plan opportunities for continuing personal and professional development.

METHOD OF ASSESSMENT (GRADING METHOD):

1. Essay	85%
2. Participation, Attendance, Responsible Action	<u>15%</u>
	100%
3. Optional Bonus Assignments	<u>10%</u>
	TOTAL 110%

NUR 330-1
YEAR III, SEMESTER V

CROSS REF.
WITH PROGRAM
OBJECTIVES

OBJECTIVES

LEARNING RESOURCES

IV (5)

MURSE'S ROLE AS PATIENT ADVOCATE

Advocacy Risk and Reality
Iby M.F. Kohnke), C.V.
Mosby, Toronto, 1982

1. Define the term patient advocate.

"Advocacy: What is it?"
(Brower)
J. Gerontol Nursing, 1982
March B, pp. 141-143,
144-145, 149-151

Identify characteristics needed
in a professional nurse to be the
patient's advocate.

"Advocacy: What is it?"
(Kohnke)
Nurse Health Care, 1982
June 3, pp. 314-318

"Sticking up for your
patient" (Catherine Watson)
Nursing Mirror, March 3,
WB2, pp. 14

"Consultant/Advocate for
the medically ill Hospital
ized Patient (Barbara
Smith) Nursing Forum,
Vol. XX, No. 2, 1981,
pp. 115-129

Analyze nurse/client interactions
to determine behaviours indicative
of patient advocacy.

"From all sides," Robert
Song, Nursing Mirror,
December 2, 1981,
pp. 38-40

Site everyday examples of when
patients need an advocate.

"Integrating Advocacy into
the Gerontological Nursing
Major", M. Jo. Namerow,
Journal of Gerontological
Nursing, Vol. 8, No. 3,
March, 1982

Demonstrate your role as patient
advocate.

Patients' Rights, {J. Storck
McGraw-Hill Ryerson Ltd.,
1982, pp. 124, 143, 170-175.
"Statement on Patient
Advocacy", RAO, April 1977

CROSS REF.
WITH PROGRAM
OBJECTIVES

OBJECTIVES

6. Examine issues that may cause nurses to abandon their client/advocate role.

LEARNING RESOURCES

"Was it advocacy, insubordination, or both?"
(J. Berde) RN. May, 1982,
pp. 109-111"

V (41

S: METHODS OF NURSING CARE DELIVERY

1. Review the historical approach to delivery of nursing care.
2. Compare and contrast the following methods of Nursing Care Delivery with regards to area, method and type.
 - i) primary nursing
 - ii) team nursing approach
 - iii) total patient care
 - iv) nurse clinician
 - v) nursing practitioner
 - vi) extended roles
 - vii) central servicetry
 - viii) public health and home health care
3. Identify the method of nursing care delivery where you are working. What are the pros and cons of this system?
4. Examine the role of the nurse in one of the above methods with regard to leadership and job description.

III (5)

C: THE LEADERSHIP ROLE OF THE NURSE

1. Define and explain the term leadership.
2. Give examples of leadership you have seen in nursing.

"What is Leadership?"
L- B. Lundborg, Journal of Nursing Administration,
May, 1932, pp. 32-33

Hames & Joseph, Basic Concept of Helping,
pp. 240-241

"The social nature of leadership", AJN, 69:2614,
December, 1965

CROSS REF,
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LEARNING RESOURCES

	Identify styles of leadership	<u>Nursing Management and Leadership in Action</u> by L.M. Douglass and E.M. Olivin Bevis, 4th Edition C.V. Mosby Co., 1983
	<ul style="list-style-type: none">- authoritarian- democratic- bureaucratic- laissez-faire- maternalistic, paternalistic- other	Text, p. 23
III (2) (4)	List characteristics needed to be a leader in nursing, eg. a psychiatric nurse eg. valued and effective team member	<u>Stuart & Sandien, Principle: and Practice of Psychiatric Nursing</u> , Roles & Functions of psych nursing. Chapter : pp. 18-19
	Create a theoretical model of the kind of leader you would like to be on your present ward; consider, personal characteristics, attitudes communication approaches and overall style.	"Leadership for Expending Nursing Influence on Health Policy." (Davis, Calley, Sochelski), <u>Journal of Nursing Administration</u> , January, 1982, pp. 15 +
	Analyze selected situations of leadership in nursing. Formulate a plan of action for each nursing leader, reviewing the ramifications of decisions and actions taken.	"Leadership Style and Approaches in Critical Care Nursing", (M.L. Guy) Leadership at Work RN November, 1981, pp. 105 106 RN March, 1982. pp. 101 H- W April. 1982, pp. 93 M December, 1981, pp. 8 "Congratulations, you're in Charge" (Alice Dillon) <u>Nursing Life</u> , Mar/Apr, 1982 ppTTI
	7. Identify some current issues in which nurses could take a leadership role. eg. Canada Health Act eg. Issues on Child Abuse	"Leadership and Change in Nursing", (by L. Hardy et a Nursing Times, August 25, 1^82, pp. 1429-1430

CROSS REF,
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OBJECTIVES

OBJECTIVES

8. Participate in workshop on Assertiveness In nursing.

LEARNING RESOURCES

"Self-Care for Nurses: Assertiveness", (P.J. Might) Nursing Management, February 1982, p. 13

Stat Special Techniques in Assertiveness Training, (M. Chenevert), C.V. Mosby Co., Toronto, 1983

VI

ROLES & RESPONSIBILITIES OF THE NURSING PROFESSION

Review 2nd year Concepts material on Professional Character Traits, by J. Flaherty - Nr, pp. 71 +

VI (1)

Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system,
eg. Group Health Centre

TLC Plus", (H L. Hirsh) Nursing Homes, November • December 1982, pp. 37-38

V 6, 7

Explain the functions of
1) RMAO
11) College of Nurses
iii) CNA

RNAO News

III 4

Examine various working relationships
1) nurse/nurse relationship
11) nurse/contract with society, patient
111) nurse/medical doctor
1v) nurse/Institution of employment

Nursing Ethics, by J Flaherty

E: CHANGE PROCESS

Review change theory from Sociology course.

Describe change theory,

Social Change, W. E. Moore, Prentice-Hall, Inc., Englewood Cliffs, N-J., 1963

2. Identify essential elements needed for change to access.

"Yes, you can change the system" (Terry Paulson pAd Nursing Life, Sept,Oct, 1981 pp. 26 +

CROSS REF.
VIITH PROGRAM
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LEARNING RESOURCES

		Examine your present work setting in nursing and identify areas that have been changed or areas in the process of change.	<p><u>Strategies for Planned Change</u>, Zaitam & Duncan, Wiley-Interscience Publication, Toronto, 1977</p> <p><u>The Change Agent</u>, L. E. Schaller, Abingdon Press, Nashville, Tennessee, 1977</p>
VI	4	Describe how the change process may be used to facilitate nursing	<p><u>Training for Change Agents</u>, Ronald & Mary Haveloch. Institute for Social Research, University of Michigan, Ann Arbor, 1973</p>
		Site an example of a change you would like to see happen in nursing. Develop a plan for this change to occur. Assess the factors involved. Set goals and determine actions you would take to create change. Evaluate the outcome.	<p><u>Leadership for Change: A Guide for the Frustrate? Nurse</u> (D. Brooten, L. Hayma M. Naylor) J. B. Lippincott Co., Toronto, 1978</p> <p>"Leadership & Change in Nursing (L. Hardy. & A. M. Rafferty) <u>Nursing Times</u>, Aug. 25, 1982, pp7T429, 1430</p>
VII	3, 4	F: <u>PERSONAL AND PROFESSIONAL DEVELOPMENTS</u>	
		1. Explore rationale for development of personal and professional goals.	
VII	(2)	2. Develop tentative personal and professional goals for the following time periods: 6 months, 1 year, 2 years, 3 years, 5 years, 10 years. Consider your interests, strengths and weaknesses.	
		3. Share these goals with 1 classmate- Arrange a date and time to evaluate goals in 6 months.	

CROSS REF.
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OBJECTIVES

LEARNING RESOURCES

4. Continue to update goals
and participate in continuing
education,
eg- CPR

Participate in Job Skills Seminar.

- prepare a resume
- examine and participate in
job interviews designed for
the new graduate nurse

PROJECT; A CHANGE IN NURSING

Site an example of a change you would like to see happen in nursing for improved patient care.

Develop a plan for this change to occur. Assess the factors involved. Explain how nursing care is carried out now, and how this change might affect nursing care provided in this particular setting.

Set goals and determine actions you would take to create change. How would the nurse be involved as the patient's advocate? Illustrate leadership needed or necessary to accomplish this change. Consider how professional affiliations may be of assistance or support for this change. Also consider the dynamics of professional working relationships.

Explain how changes like this relate to personal and professional development of each nurse. Evaluate the possible outcomes.

Demonstrate creativity. Maximum 10 typed pages.

Format must follow program requirements in regards to assignments (grammar/spelling).

Include footnotes and bibliography..Q5%